

## What's in an Acronym?

The cheater's guide to sounding like an expert on making a more walkable world.

AASHTO – American Association of State Highway Transportation Officials	LGC – Local Government Commission
ADT – Average Daily Traffic	LOS – Level of Service
AIA – American Institute of Architects	MPO – Metropolitan Planning Organization
AHS – American Hiking Society	MUTCD – Manual on Uniform Traffic Control Devices
APA – American Planning Association	NACCHO – National Association of County and City Health Officials
AQMD – Air Quality Management District	NCBW – National Center for Bicycling and Walking
ASLA – American Society of Landscape Architects	NCCDPHP – National Center for Chronic Disease Prevention and Health Promotion
ASTDHPPHE - Assn. of State and Territorial Directors of Health Promotion and Public Health Education	NHTSA – National Highway Traffic Safety Administration
AVA – American Volkspport Association	NPS – National Park Service
BRFSS – Behavioral Risk Factor Surveillance System	NPTS – National Personal Transportation Survey
CDC – Centers for Disease Control	NSC – National Safety Council
CMAQ – Congestion Mitigation and Air Quality	PBIC – Pedestrian and Bicycle Information Center (Univ. of North Carolina)
CNU – Congress for a New Urbanism	PWA – Partnership for a Walkable America
CPTED – Crime Prevention Through Environmental Design	RTC – Rails-to-Trails Conservancy
CVD – Cardiovascular Disease	RTCA – Rivers and Trails Conservation Assistance program (of the NPS)
DNPA – Division of Nutrition and Physical Activity (of the CDC)	Sec 402 – Section 402 Safety Funds
DOT – Department of Transportation	STPP – Surface Transportation Policy Project
ECGA – East Coast Greenway Association	TEA-21 – Transportation Equity Act for the 21 <sup>st</sup> Century
EPA – Environmental Protection Agency	TIP – Transportation Improvement Plan
FHWA – Federal Highway Administration	TDM – Transportation Demand Management
ISTEA – Intermodal Surface Transportation Efficiency Act	TND – Traditional Neighborhood Design
ITE – Institute of Transportation Engineers	ULI – Urban Land Institute

### **A Select List of Resources for More Livable Communities.**

Active Living by Design program of the Robert Wood Johnson Foundation, Chapel Hill, NC;  
www.activelivingbydesign.org, activelivingresearch.org. *Extensive on-line resources.*

AmericaWalks, Boston, MA; 617-367-1170 www.americawalks.org  
*A coalition of ~50 local and regional pedestrian advocacy groups nationwide.*

Bikes Belong Coalition, Ltd., Brookline, MA: 617-734-2800; www.bikesbelong.org.  
*Coalition of bicycle industry supporters of more livable community efforts.*

Centers for Disease Control and Prevention. www.cdc.gov/nccdphp/dnpa. *A site with tons of current data on health and physical activity, and promotional resources.*

Complete Streets, Washington DC; 202-207-3355; www.completestreets.org. *National campaign to have all road accommodate pedestrians, bicyclists, & transit as well as cars.*

League of American Bicyclists, Washington, DC, 202-822-1333; www.bikeleague.org.  
*National advocacy group advancing the Bike Friendly Communities program.*

Local Government Commission, Sacramento, CA: 916-448-1198; www.lgc.org  
*Huge library of practical planning and transportation guides, e.g. "Real Towns."*

National Center for Bicycling and Walking, Bethesda, MD; 301.656.4220; www.bikewalk.org.  
*Organizes the fantastic Pro Walk/Pro Bike conference every two years.*

Pedestrian and Bicycle Information Center, Chapel Hill, NC, www.pebikeinfo.org; *Technical support, including walkability and bike-ability checklists & facility design guides.*

Rails-to-Trails Conservancy, Washington, DC.; www.railtrails.org. *Great help for trails advocates, including research supporting the benefits of trails.*

Rivers and Trails Conservation Assistance, a program of the National Park Service.;  
www.nrc.nps.gov/rtca. *Provides technical support on trails and greenways.*

Safe Routes to School program; www.saferoutesinfo.org. *Tons of information on organizing an event, launching an SRTS program, & Walk to School day national event registry.*

Surface Transportation Policy Project, Washington, D.C. 202-466-2636, www.transact.org.  
*Publishes Mean Streets (loaded with pedestrian data).*

Victoria Transportation Policy Institute, Victoria, BC, www.vtpi.org *A definitive transport policy resource with data supporting economic & environmental benefits of bike/ped.*

Walkable Communities, Inc., High Springs, FL, www.walkable.org *The website of Dan Burden, one of the nation's leading experts on walkable community design.*

**Books by Mark Fenton:** THE COMPLETE GUIDE TO WALKING FOR HEALTH, WEIGHT LOSS, AND FITNESS (Lyons Press, 2008) *A comprehensive guide & detailed walking program.*  
PEDOMETER WALKING (Lyons Press, 2006) *Perfect beginners guide to using a pedometer.*