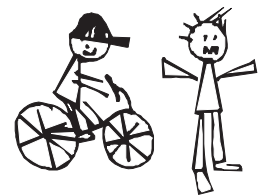




Earn-A-Bike Program

August 2021 Report



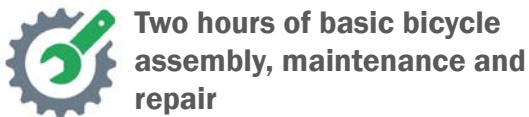
Champaign-Urbana Safe Routes to School Project
Funded in part by the Illinois Safe Routes to School Program



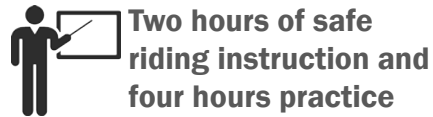
Overview



1 COMPLETE CLASSES



2 GET YOUR BIKE !



REGISTER TODAY!



Class size limited.

Email or call
Ms. Cynthia Hoyle
choyle@mtd.org
217 649-6505



Background

The C-U Safe Routes to School Project (C-U SRTS) partnered with Champaign County Bikes (CCB) and Don Moyer Boys and Girls Club (DMBGC) to host the four-day 2021 Earn-a-Bike Program during the week of August 2. The program's goals are to teach student participants basic bike maintenance and repair, safe bike handling skills, and provide them with a bike. A total of four students participated in this year's program. The program was led by three League Certified Instructors (LCI): Cynthia Hoyle, Charlie Smyth, and Jeff Yockey. We also had five volunteers that assisted us: Evan Alvarez (MTD), Daniel Saphiere (MTD), Gabriel Lewis (CCRPC), Rose Kaczmarowski, and Sarah Havens. The program was held at the Don Moyer Boys & Girls Club and Crystal Lake Park in Urbana.

DMBGC students were asked to complete an application in order to confirm their participation in the program which included a parental permission form. Up to six students were allowed to participate. Students were also asked to complete the online Illinois Bike Safety Quiz. The quiz teaches students about bike safety and how to ride safely while on the road. Each student who completed the course and passed the bicycle safety quiz received a new bike, a bike lock, bike lights, and a helmet.

The COVID-19 safety guidelines for our program allowed instructors, participants, and students to safely participate in the program. Mask wearing and three feet social distancing was recommended when conducting close contact activities with students such as working on bikes, fitting helmets, etc. Masks were not required while riding bikes.



Instructional Days

Monday, August 2, 2021

On the first official day of the program, students met at outside the Don Moyer's Boys and Girls Club, located at 201 E. Park St, Champaign.

Class Schedule

1. Assembling your new bike:
 - Bicycle parts, bike fitting
 - Bike Maintenance - How to replace a tube, how to air up tires, how to clean and maintain your chain, how to adjust seat height
2. ABC Quick Check – checking tire pressure, brakes, chain, crank, and quick releases before riding
3. Helmet Fitting - How to fit your helmet to your own or your friend's head



Tuesday, August 3, 2021

Our second class was held at Crystal Lake Park in Urbana in the parking lot to the north of the boat house.

Class Schedule

1. Bicycle Safety Basics
 - What causes people to crash while on their bicycle?
 - Is the bike considered 'a vehicle' under the law?
 - Where should you ride your bike?
 - What are the rules of the road?
 - What are the legal hand signals for bicyclists?
 - How can I make sure cars see me if I am bicycling at night or in the winter?
 - Where are the 'bus danger zone' or blind spots?
2. Bike Rodeo - Practice scanning, signaling, turning and lane positioning at intersections



Wednesday, August 4, 2021

Our third class was also held at the Crystal Park location. Our group did a short four-mile bike ride around the U of I campus, to downtown Urbana, and stopped at Culver's on University Avenue for a treat to conclude the ride. We had the students practice locking and locking their bikes at more than one location.

Class Schedule

1. Ride Your Bike! - Students will practice their bicycle skills based on their skill levels utilizing on and off-road infrastructure as appropriate.
2. Securing your bike - How to lock your bike so it isn't stolen
3. Class Bike Ride! - The class will take a bike ride and practice their on-bike skills using various neighborhood environments appropriate to their skill levels.



Thursday, August 5, 2021

Our fourth and final class had our students put their skills into action and we rode on the Kickapoo Rail Trail east to St. Joseph and back. This was a total of about 12 miles in distance.

Class Schedule

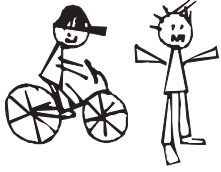
1. Class Bike Ride! - The class will take a longer bike ride potentially to Kickapoo Rail Trail or St. Joseph for more practice.



Conclusions

On Friday, we delivered the bikes and equipment to the students at the club. Each student was also given a Bicycling Skills: 123 Youth certificate of complete from the League of American Bicyclists. C-U Safe Routes to School Project and Champaign County Bikes both registered with the DMBGC to be volunteer organizations. Plans are to offer follow-up classes in bike maintenance, bike rides, and other activities as after school or weekend activities with the students at the club.





C-U Safe Routes to School Project (C-U SRTS Project)
www.cu-srtsproject.com

Champaign-Urbana Safe Routes to School Project

Funded in part by the Illinois Safe Routes to School Program



PREPARED BY:

Cynthia Hoyle, FAICP, LCI

Transportation Planning Consultant
Chair, C-U Safe Routes to School Project (C-U SRTS)
Champaign-Urbana Mass Transit District (MTD)
1101 E. University Ave.
Urbana, IL, 61802

Thomas Valencia

Intern, C-U Safe Routes to School Project (C-U SRTS)
Champaign-Urbana Mass Transit District (MTD)
1101 E. University Ave.
Urbana, IL, 61802

August 2021